

BUSINESS INSTITUTE

Presents

**“DIABETES: The Silent Killer
Self Management of a Chronic Disease”**



Guest Speaker

Dr. Jeannette E. South-Paul, MD, Chair, UPMC Family Medicine

Join us for a complimentary lunch with Dieticians, and learn from a Nutritionist how to plan meals and eat properly. Our guest speaker will discuss the questions you should ask when going to your Doctor and she will be open for your questions during an “Ask the Doctor” session. This is the third in our series of free diabetes workshops, a public service of the African American Chamber of Commerce of Western Pennsylvania.

Thursday, September 8, 2011

12:00 Noon – 2:00P.M.

UPMC Herberman Conference Center

5150 Center Avenue, Shadyside

Room 201 AB

Hosted by: **UPMC** LIFE
CHANGING
MEDICINE

RSVP By: Tuesday, September 6, 2011
412-392-0610 or information@aaccwp.com

Please plan to attend!